



## Hull City Council SEND Parenting Offer

Hull City Council's Early Help service offer dedicated SEND programmes to help support parents and their families. Support consists of in-person and online programmes, giving parents a range of options to explore SEND related topics with other carers.

### Workshops

#### 🏠 Solihull Online

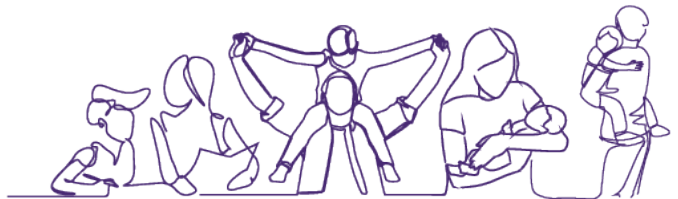
This is an online option for parents/carers of children with SEND whether that be a physical disability, learning disability or autistic traits. The programme can be done at your own pace and will explore understanding your child needs such as sleep, behaviour and communication.

The programme is free to access via [www.hull.gov.uk/children-and-families/family-support/parenting-guides](http://www.hull.gov.uk/children-and-families/family-support/parenting-guides) or search 'Hull City Council Solihull' and use the code 'FREEDOM' to get started.

#### 🏠 Eating and Food Sensory Challenges

Three consecutive workshops providing parents and carers with peer support opportunities to explore ideas around food related sensory and eating challenges.

Delivered across the Family Hub's this programme is ideal for those at the start of their SEND journey who may not have a diagnosis.





### 🏠 **Understanding ASC and Sensory Differences**

This half day workshop (4 hours) is an introduction to understanding ASC and sensory needs delivered by Early Help SEND Workers.

The workshop will also provide useful SEND services parents and carers can access.

To book a place or find out more details for any of the above please contact your local Early Help Hub:

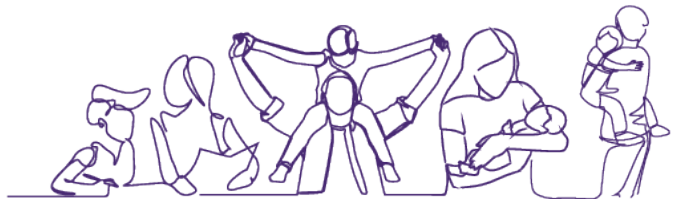
- 🏠 North Locality Hub - (01482) 828 901
- 🏠 East Locality Hub - (01482) 708 953
- 🏠 West Locality Hub - (01482) 305 770

Alternatively you can book via our online portal by visiting:

- 🏠 <https://childrensportallive.hullcc.gov.uk/web/portal/pages/home>

Other parenting courses and SEND support can be accessed via the above link to the online portal or website below.

## **Other SEND support opportunities**





🏠 **Hull Local Offer**

<https://hull.mylocaloffer.org/> City Council

🏠 **Matthews Hub**

<https://matthewshub.org/>

🏠 **LAFSS (Leisure and Family Support Service)**

The Leisure and Family Support Service organises a wide range of Clubs and activities across The City throughout the year for children and young people with SEN.

Telephone (01482) 715155

Email [lafss@hullcc.gov.uk](mailto:lafss@hullcc.gov.uk)

🏠 **Thrive**

Emotional wellbeing support for children and young people:

[www.howareyoufeeling.org.uk](http://www.howareyoufeeling.org.uk)

🏠 **KIDS**

A charity for disabled children, young people and their families

[www.kids.org.uk](http://www.kids.org.uk)

(01482) 467540

