**Summer 1 2021 SENCO Forum – Useful Links**

**The power threat framework** – a different way to understand how threat and power effects people

* [What is the Power Threat Meaning Framework? A very brief introduction from Dr Ray Middleton - YouTube](https://www.youtube.com/watch?v=LqMnuo5nxTg) mini summary
* [Episode 33 Lucy Johnstone: The Power Threat Meaning Framework - YouTube](https://www.youtube.com/watch?v=KNRwlvBq9Ds) – great summary by one of authors (40mins!)

**Poly vagal theory** - threat mode, and collapse mode

* - [Dr. Stephen Porges: What is the Polyvagal Theory - YouTube](https://www.youtube.com/watch?v=ec3AUMDjtKQ) – mini summary
* [The Polyvagal Theory: The New Science of Safety and Trauma - YouTube](https://www.youtube.com/watch?v=br8-qebjIgs) – Authors son presenting it in interesting way
* The Pocket Guide to the Polyvagal Theory: The Transformative Power of Feeling Safe (Norton Series on Interpersonal Neurobiology) – the book

Anna Freud teaching material: [Anna Freud NCCF - YouTube](https://www.youtube.com/channel/UCN8HoTxrHO8RJdoB4isH0lA)  
[Childhood Trauma and the Brain | UK Trauma Council - YouTube](https://www.youtube.com/watch?v=xYBUY1kZpf8)