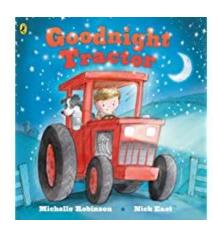


Hull City Council is working in partnership with the Dollywood Foundation





Goodnight Tractor is one is a series of books by Michelle Robinson and Nick East such as Goodnight Digger and Goodnight Spaceman.

You could make this book part of your evening routine.

Bath - Book - Bed

The NHS recommend that children between the ages of 3 and 4 need at least 10-13 hours of sleep each day. At 12 years, children still need up to 12 hours of sleep.

The end of the book follows a similar pattern as the little boy says goodnight to all of his favouirte toys.

Goodnight famer, Goodnight plough
Goodnight trailer, Goodnight cow
Goodnight Dog and goodnight sheep
Goodnight Tractor time to sleep

You could ask your child to collect their favouite toys and help them say goodnight to them using the model above. For example;

Goodnight teddy, Goodnight truck
Goodnight doll, Goodnight duck
Goodnight car and goodnight jeep
Goodnight train time to sleep